

DATE:

SOLIDIFYING NEW BELIEFS

WHAT NEW BELIEFS CAN I FORM THAT ALIGN WITH MY VALUES AND VISION?

WHO CAN SUPPORT ME IN MAINTAINING AND STRENGTHENING THESE NEW BELIEFS? AND, HOW CAN I SUPPORT MYSELF IN THE PROCESS?

HOW DOES ADOPTING THESE NEW BELIEFS CHANGE MY OUTLOOK ON CHALLENGES AND OPPORTUNITIES?

HOW CAN ADOPTING THESE NEW BELIEFS IMPACT MY LIFE?

WHAT ROUTINES OR HABITS CAN I ESTABLISH TO NURTURE THESE BELIEFS CONSISTENTLY?
